



Abbotsford
Spirit of BC

Mayor

George W. Peary

Councillors

Les Barkman
Simon Gibson
Moe Gill
Lynne Harris
Dave F. Loewen
Bill MacGregor
Patricia Ross
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July 30, 2009
File: 0220-01

Crohn's and Colitis Foundation of Canada
and M & M Meat Shops

To Whom it May Concern:

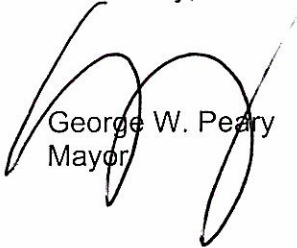
Re: Letter of Support – M&M National Family Dinner Night

On behalf of Abbotsford City Council, I am pleased to support the M & M National Family Dinner Night on September 17, 2009, in support of the Crohn's and Colitis Foundation of Canada.

Research shows that regular family dinner nights contribute to better eating habits, stronger family connections, better grades in school, and fewer risky behaviours in teens. The benefits of regular family dinners mean better outcomes for our children and can be one of the most positive and meaningful events a family can share.

I applaud your efforts in bringing families together and wish you much success with this event.

Yours truly,



George W. Peary
Mayor

c. Council Members
Frank Pizzuto, City Manager