



Mayor Cam Jackson
City of Burlington

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***Message from the Mayor of Burlington for M&M Meat Shops'
National Family Dinner Night September 17, 2009***

On behalf of Burlington City Council, I offer my sincerest appreciation to M&M Meat Shops for their ongoing support of the Crohn's and Colitis Foundation of Canada. You continue to raise both awareness and funds for this important cause, through the generous support of your employees across Canada.

In honour of M&M Meat Shops' annual National Family Dinner Night, I am pleased to extend my support to this initiative.

Family dinners are an integral part of building close, connected relationships. Not only do they provide an opportunity to communicate and reconnect amongst family members, they promote healthy eating habits in an increasingly busy world.

To my wife and I, these dinners are a treasured opportunity to come together and catch up with our immediate family, as well as grandparents, aunts, uncles and close friends.

Best wishes to all the families across Canada who will participate in the National Family Dinner Night on September 20, 2009. This is a time-honoured tradition worth preserving.

Warmest regards,

A handwritten signature in black ink that reads "Cam Jackson". The signature is written in a cursive, slightly slanted style.

Cam Jackson
Mayor of Burlington