



PROCLAMATION

NATIONAL FAMILY DINNER NIGHT SEPTEMBER 17TH/2009

WHEREAS: family experts and researchers confirm that one of the most valuable gifts parents can give their children is time spent together as a family. Taking this advice, M&M Meat Shops successfully launched National Family Dinner Night four years ago and have encouraged thousands of families to sit down and have dinner together. Through these efforts, M&M Meat Shops strengthened communities and raised more than \$82,000 for the Crohn's and Colitis Foundation of Canada. This year M&M Meat Shops is hoping to bring even more families across the country together at mealtime; and

WHEREAS: last year's program received the support of community leaders from coast-to-coast including the Prime Minister, the Governor General, Premiers and many Mayors of Canada's largest and smallest cities.

NOW THEREFORE, I John Ruttan, Mayor of the City of Nanaimo, do hereby proclaim that September 17th, 2009, be known as:

"NATIONAL FAMILY DINNER NIGHT"

in the City of Nanaimo.


John Ruttan
MAYOR



DATED THIS 10TH DAY OF AUGUST, 2009.