

M&M Meat Shops
Crohn's and Colitis
640 Trillium Dr. PO Box 2488
Kitchener, ON N2H6M3

August 3rd, 2010

M&M Meat Shops National Family Dinner Night Campaign,

Congratulations on the 6th annual celebration of the National Family Dinner Night, a campaign that stretches across our great country to bring families together. This is truly an exceptional campaign.

From my personal experience I can agree that family dinner was always a special time. I come from a family of eight people, with six children. Meal time was very precious as my father worked shifts and supper was the time our family talked about what was happening in our lives. Important family events were planned and decisions were often made at this time.

I hope that many families across Canada have the opportunity to take part and have an enjoyable Family Dinner Night on September 16th.

Sincerely,

A handwritten signature in black ink that reads "Rick Norlock". The signature is written in a cursive, flowing style.

Rick Norlock, MP
Northumberland-Quinte West