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**JOHN CUMMINS, M.P.
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Greetings from
John Cummins, Member of Parliament

On behalf of the citizens of Delta – Richmond East, I am delighted to lend my support to M&M Meat Shops in their endeavour to promote National Family Dinner Night, to be held on September 16, 2010.

Family experts and researchers confirm that one of the most valuable gifts parents can give their children is time spent together as a family. Now in its fourth year, M&M Meat Shops encourages family time through their National Family Dinner Night.

As well, I would like to commend M&M Meat Shops for its fund-raising efforts in support of the Crohn's and Colitis foundation of Canada. Crohn's and Colitis affect over 200,000 Canadians. M&M Meat Shops has raised more than \$100,000 in support of research into the causes and cure of these debilitating diseases.

Thanks again to M&M Meat Shops for their support and promotion of both of these worthwhile causes and all the best to everyone who comes out to support M&M Meat Shops' National Family Dinner Night.

Yours truly,

John Cummins, M.P.
Delta-Richmond East